



**Luna Children's
Charity**

**Annual Report &
Accounts**

**For the year ended
March 2011**

Contents

	<u>Page</u>
1. Reference and administration details	3
2. Structure, governance and management	4
3. Objectives and activities	5
4. Achievements and performance	6
5. Financial review	9
6. Accounts for the year ended March 2011	10
Annex 1 - Dissemination of CATT in Rwanda	11

1. Reference and administration details

Charity Name

Luna Children's Charity, known as 'Luna'

Charity Number

Registered Charity in England & Wales, Number 1127169

Principal address

19A Blackhouse Farm
Blackhouse Road
Colgate
RH13 6HS

Charity Trustees

Stella Charman MA, MSc, DipHSM	Chair of Trustees
Jenny Dewar BA, MSc, PGCE, RSA Dip TEFL	International Adviser
Tim Gage FCA	Treasurer
Carly Raby BA, MEd. Dip. Psychotherapy, MHGI	Clinical Lead
Philip Sarell BSc, FRICS	Website Coordinator
Mary Stuart-Miller	PR and Media Adviser

Advisors

Helen Beckerson	Fundraising
Tracy Caveney, Bursar, Pennthorpe School, Rudgwick	Finance
Dr Melissa Nolas, Lecturer, University of Sussex	Research

2. Structure, governance and management

Luna Children's Charity is an unincorporated child-centred voluntary organisation, established as a Charity with a Governing Document signed in December 2008. It is managed by its Trustees who meet quarterly, and run with the support of advisory officers, all of whom work on a voluntary basis.

In 2010-11 one of the founding Trustees, Camilla Parker, resigned due to pressure of work elsewhere, but Luna recruited two further Trustees (Jenny Dewar and Philip Sarell). Jenny provides advice on international development and politics, and Philip constructed the website which he keeps updated. Trustee numbers have been further increased since March 2011 by Tim Gage who joined as Treasurer in April 2011, and Mary Stuart-Miller offering PR support, in September 2011. In 2011-12 it is intended to recruit two Junior Trustees from among the Year 7 pupils at Pennthorpe School, Rudgwick, West Sussex, who have adopted Luna as their special charity. Pennthorpe School also offers its wonderful facilities for our annual CATT Level 3 training courses, as well as two Trustee meetings per annum. The other two Trustee meetings of the year were held in London, thanks to the generosity of the Foresight Partnership.



Luna Trustees Carly Raby and Stella Charman, with Year 7 pupil Oliver Stride outside Pennthorpe School. All Year 7 pupils were given a certificate to thank them for their fundraising throughout the year.

3. Objectives and activities

Luna exists to advance the rights, education and health of children and young people affected by conflict and trauma. Formally, its objectives are:

- i) The advancement of education and the preservation and protection of good health of children and young people affected by conflict and/or trauma
- ii) To advance the education of the public in children and young people's rights in part, but not exclusively, under the UN Convention of the Rights of the Child

Luna's primary focus at the present time is to provide training in an innovative treatment for post-traumatic stress disorder (PTSD) in children, to professional and front-line staff working with children in countries where this is not available or affordable. Children's Accelerated Trauma Therapy (CATT) helps children who are suffering the psychological consequences of war, conflict or natural disaster to overcome their experiences and rebuild their lives. CATT was developed and has been licensed by Carly Raby, who is a Trustee of Luna. Luna trains and sends volunteer therapists to teach the CATT technique to local people and to develop the skills required to help these children.

Luna works in partnership with respected local organizations (Training Partners) which identify participants and provide facilities for our training courses and subsequent follow up activity. Sustainability is a key criterion in our process of selecting the organisations and places where we work. As a responsible charity, Luna is aware of the need to ensure that the work continues after our programmes have finished. In addition to the collection of data for research purposes, Luna makes an agreement with each Training partner for ongoing support to sustain its work on behalf of children.

The Trustees confirm that they have complied with their duty under section 4(6) of the Charities Act 2006 to have regard to the Charity Commission's guidance on public benefit and that the public benefit requirement has informed the activities of the Charity in the year to March 31st 2011.

4. Achievements and performance

4.1 Rwanda

In 2010-11 Luna has been working primarily with Training Partner REACH in Rwanda, building on relationships developed over the past three years. REACH is a non-governmental organisation which promotes peace and reconciliation and works with front line staff to provide education, counselling and care to children who are orphans of the genocide or refugees. Luna raised funds to send two therapist trainers and one Trustee to Kigali for one week in November 2010, and provided financial support to participants to enable them attend. The course was attended by 15 childcare workers, teachers and pastors from 12 different children's projects and schools in different parts of the country. The course was very positively received by participants, and follow up is now being undertaken to collect CRIES-8 forms collected for as many children as possible, in order to evaluate outcomes for the children they have treated using the technique. Because Luna trains teams from different projects, our approach can reach a large number of children. Annex 1 suggests the number of children who can now benefit from CATT in Rwanda.



Luna trainers Monica and Georgina with course participants in Rwanda

4.2 Level 3 training

In July 2010 Luna ran a course for therapists already trained to Level 2 and using CATT in their work with children in the UK and Western Europe. This Level 3 training enabled them to teach the use of the technique to non-therapists overseas. The course had a particular focus on the forthcoming trip to Rwanda. Trustee Carly Raby led the course and trained four therapists and one Trustee, Stella Charman, whose role was to facilitate the arrangements and provide back up for the therapists in Rwanda. Facilities for the July Level 3 training were provided free of charge by Pennthorpe School, which allowed course fees to supplement funds available for the visit to Rwanda.

4.3 New Training Partners

Over the past year Luna has been active in identifying and developing relationships with possible new Training Partners for 2011-2012. As a result of these activities, we have now signed a Partnership Agreement with East London NHS Foundation Trust (ELFT) for the purpose of providing support and training to staff working with children suffering PTSD in the children's ward at Butabika Hospital, Kampala, and in other government psychiatric units and NGOs in Uganda. ELFT has an established relationship with Butabika Hospital via the NHS International Health Linking Funding Scheme. A CATT training course is now being planned there for January 2012. In addition, Luna has been working with representatives of the Lefika Art Therapy Centre in Johannesburg, South Africa, with a view to providing CATT training there later in 2012.



Entrance to Butabika Hospital, Kampala, Uganda

4.4 Evaluation & research

Luna recognises the need to demonstrate the effectiveness and outcomes of its work and has begun the process of developing and implementing a monitoring and evaluation strategy in order to do so. Luna's work context provides us with a number of challenges: research on post-traumatic stress reactions in children has been less extensively studied than in adults, appropriate instruments for accurately measuring these reactions in very young children are undeveloped, and Luna's work

takes place in a cross-cultural context. Luna has therefore been developing a mixed-method and multi-perspective approach to its evaluation and research activities. This mixed-method approach consists of both quantitative and qualitative research strategies that capture both process and outcomes of the CATT model and Luna's activities. Luna is also interested in capturing the range of views and experiences of all those who come into contact with CATT and Luna. This includes both Luna and Training Partner volunteers, the children and young people treated, as well as other relevant local staff. In this respect Luna's strategy tries to respond to wider calls in psychological services research for both evidence-based practice and practice-based evidence.

5. Financial review

Luna is as yet a small charity with a low level of funding, no paid staff and no office facilities. Our activity and costs are carefully tailored to the amount of time our volunteers are able to give, and the income we are able to attract. To date Luna has been funded by private donations plus fundraising by the Year 7 pupils at Pennthorpe School, who adopted Luna as their special charity. Luna has also received support from the Health Foundation and generated some income from course fees. Luna wishes to wholeheartedly thank all those who have offered their support, in kind as well as cash, over the past year.

In 2010-11 we functioned without a formal Treasurer, but with the invaluable support of the Bursar of Pennthorpe School who handles our financial affairs and manages the business account which transferred from Alliance and Leicester to Santander. Luna also has a Just Giving account.

In August 2010 Luna applied for a grant from Comic Relief, but was unsuccessful in its bid. However, some useful feedback was received that we should seek to work with a larger partner with an established infrastructure, in order to achieve the step change required to a larger scale organisation. We are therefore now optimistic that our relationship with ELFT (see section 4.3) will enable us to apply successfully for grant funding to support our work in 2011-12, and to recruit a paid member of staff and office premises.

6. Accounts for the year ended March 2011

Statement of Financial Activities Year to 1st April 2011

Incoming Resources

Donations	3280.38
CATT Level 3	
Training	1700.00
Just Giving	151.73
Interest Received	1.10
Gift Aid	593.75
Other Income	23.74
	5750.70

Resources Expended

Rwanda Trip	3816.92
Just Giving Subscription	142.10
Printing Costs	268.00
	4227.02

Surplus **1523.68**

BalanceSheet Year to 1st April 2011

Current Assets

Debtors	Note 1	1174.16
Cash at Bank		349.52
Net Current Assets		1523.68

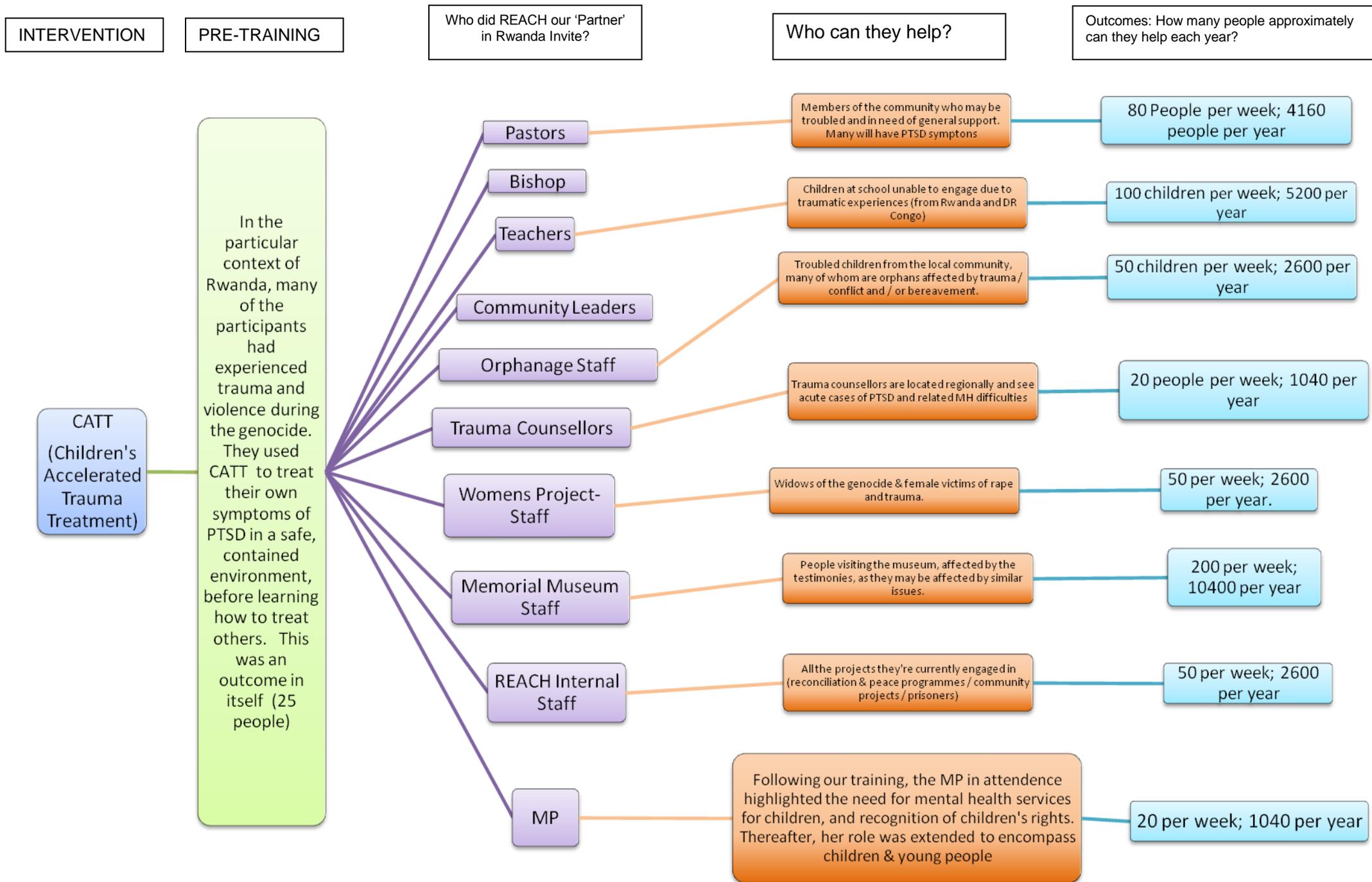
Represented By:

Unrestricted Funds **1523.68**

Note 1

Debtors consists of :

Pennthorpe Fundraising	580.38
Bank Interest	0.03
Gift Aid Claim	593.75



Total Number of people CATT technique can help, annually, when delivered in partnership with local organisations; such as REACH in Rwanda = 29,640 + 25 participants = approximately = **29,665**

